

OPEN SPACE ADVISORY COMMITTEE STAFF REPORT

MEETING DATE: July 15, 2013

AGENDA ITEM NUMBER: 3H

STAFF: Roger Moellendorf, Parks and Recreation Director
Ann Bollinger, Natural Resource Specialist *AB*

REQUEST: Discussion only regarding activities and programs associated with "July is Parks & Recreation Month."

GENERAL DISCUSSION: The National Parks and Recreation Association is nationally promoting July as "Parks & Recreation Month." The Carson City Parks, Recreation and Open Space Department felt that participating in the event would be an excellent way to promote our parks, recreation, open spaces and trails as well as the benefits our services provide for the community. To this end, staff has submitted an official proclamation to the Board of Supervisors (attached as Exhibit A). This proclamation was read by Mayor Bob Crowell during the July 3, 2013, Board of Supervisors meeting. Also as a way to promote "July is Parks & Recreation Month" staff has developed programs and events that will be held in our facilities, parks, and open space areas during July. These events are intended to encourage families and individuals of all ages to take advantage of what the Parks and Recreation Department has to offer. Most of these events are free of charge. Attached as Exhibit B is a calendar of events during July.

Staff encourages commissioners to participate in many of these events and hopes that the commission will also spread the word and promote "July is Parks & Recreation Month."

RECOMMENDED ACTION: This is a discussion only item therefore no action can be taken.

Exhibit A

PROCLAMATION

Park and Recreation Month July 2013

WHEREAS, Parks and recreation programs are an integral part of communities throughout this country, including Carson City; and

WHEREAS, Our parks and recreation are vitally important to establishing and maintaining the quality of life in our communities, ensuring the health of all citizens, and contributing to the economic and environmental well-being of a community and region; and

WHEREAS, Parks and recreation programs build healthy, active communities that aid in the prevention of chronic disease, provide therapeutic recreation services for those who are mentally or physically disabled, and also improve the mental and emotional health of all citizens; and

WHEREAS, Parks and recreation programs increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, Parks and recreation areas are fundamental to the environmental well-being of our community; and

WHEREAS, Parks and open space areas improve water quality, protect groundwater, prevent flooding, improve the quality of the air we breathe, provide vegetative buffers to development, and produce habitat for wildlife; and

WHEREAS, Our parks and open space areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, The U.S. House of Representatives has designated July as Park and Recreation Month; and

WHEREAS, Carson City recognizes the benefits derived from parks and recreation resources.

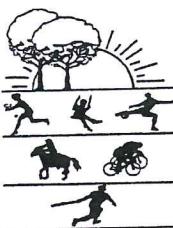
NOW THEREFORE, I, Robert L. Crowell, Mayor of Carson City, Nevada, on behalf of the Board of Supervisors, do hereby proclaim July 2013 as "Park and Recreation Month" in Carson City.



Dated this 3rd day of July, 2013.



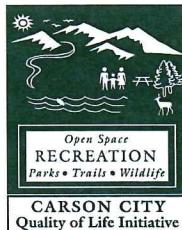
Robert L. Crowell, Mayor



July 2013

Park and Recreation Month

See reverse for more information on each event (Updated 7-8-13)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 • Trail Work Day	2	3 • Trail Work Day • Carnival at Mills Park (\$) • Mills Park Mini Train Rides (\$ - Discount)	4 • Carnival at Mills Park (\$) • Fireworks at Mills Park	5 • Trail Work Day • Carnival at Mills Park (\$)	6 • Carnival at Mills Park (\$)
7 • Trail Work Day • Sunday Swim at Aquatic Facility (\$)	8 • Zumba Class with Mari at Community Center Gym	9	10 • Trail Work Day • Sweat Shop Fitness Aerobics with Jerry Vance at Community Center - Comstock Room	11 • Empire Ranch Trail Hike	12 • Trail Work Day • The Major and the Gambler performance at Community Center -Sierra Room	13
14 • Trail Work Day • Sunday Swim at Aquatic Facility (\$)	15	16 • V&T Trail Bike Ride Bikes available	17 • Trail Work Day • Mills Park Mini Train Rides (\$ - Discount)	18 • Waterfall Trail Hike	19 • Trail Work Day	20 • Kids Triathlon at Aquatic Facility (\$) • Le Cirque Performance of "Fable" in the Bob Boldrick Theater
21 • Trail Work Day • Sunday Swim at Aquatic Facility with one can of food for F.I.S.H.	22 • Yoga Class with Patti Briggs at Sunset Park	23	24 • Trail Work Day • Tai Chi with Stephen Mund at East Side of Mills Park	25 • Mexican Ditch Trail Hike	26 • Trail Work Day • Roller Skating Night at PEP • "Once On This Island, Jr." Performance in the Bob Boldrick Theater	27
28 • Trail Work Day • Sunday Swim at Aquatic Facility (\$)	29	30 • Riverview Park Bike Ride—Bikes available	31 • Trail Work Day • Mills Park Mini Train Rides (\$ - Discount)			

Since 1985, America has celebrated July as the nation's official Park and Recreation Month. This July, the Carson City Parks and Recreation Department invites the public to participate in any number of FREE (unless fee (\$ is indicated) events listed on this calendar.

Bike Rides	Join us for beginner mountain bike rides. A limited number of bikes are available for use with reservations. Tuesday, July 16 V&T Trail Bike Ride 6:00 to 7:00 p.m. Meet at Foothill Drive off of Winnie Lane. Tuesday, July 30 Riverview Park Bike Ride 6:00 to 7:00 p.m. Meet at the main entrance to Riverview Park on 5th Street / Marsh Road. For more information and reservations, please call Juan Guzman at 887-2262 or jguzman@carson.org
Carnival and Fireworks	Carnival dates are July 3 through July 6 . Fireworks on the 4th of July. Located at Mills Park. For more information, including ticket prices, please contact the Retired Senior Volunteer Program at 687-4680 or the Parks and Recreation Department at 887-2262.
“Fable” Performance by Le Cirque Vagabond	Saturday, July 20 Le Cirque Vagabond presents “Fable” 2:00 p.m. Bob Boldrick Theater, 851 East William Street This is a FREE ticketed event. Tickets can be picked up at the Carson City Aquatic Facility beginning July 8th. For more information please contact Mitch Ames at 283-7419 or mames@carson.org
Kids Triathlon	Saturday, July 20 Swim, Bike and Run event for children and teenagers ages 4 to 18. Register at www.tigersharks.org or at the Carson City Aquatic Facility, 841 N. Roop Street For more information please call 887-2242.
Mills Park Miniature Train Rides—Discounts	Wednesdays, July 3, 17 and 31 Regular price is \$2.50 per ride, but if you mention “Parks and Recreation” you get to ride for \$1.00 per ride! For more information please call 887-2523 or 887-2290
“Once On This Island, Jr.” Performance	Friday, July 26 Youth Theater Carson City presents a preview of “Once On This Island, Jr.” 6:00 p.m. Bob Boldrick Theater, 851 E. William Street. This is a FREE event with seating on a first-come basis. For more information please contact Mitch Ames at 283-7419 or mames@carson.org
Roller Skating Night	Friday, July 26 6:30 to 10:00 p.m. FREE Roller Skating Night at the Pony Express Pavilion (PEP) in Mills Park. BRING YOUR OWN SKATES OR ROLLER BLADES. No scooters, bikes, skateboards, etc. This event is hosted by the Sheriff Department’s Explorer Cadets and the Parks and Recreation Department. For more information please contact Meagan Soracco at 283-7428 or mssoracco@carson.org
Sunday Swim Days	Sundays July 7, 14 and 28 Enjoy a Sunday Swim at the Carson City Aquatic Facility, 841 N. Roop Street 12:30 pm to 4:30 pm. Swim passes are \$4 for adults, \$3 for seniors and children ages 4 to 17, and Free for children 3 and under or \$10 for the entire family. For more information please call 887-2242
Sunday Swim with one can of food for F.I.S.H.	Sunday, July 21 Bring a can of food and enjoy a FREE swim at the Carson City Aquatic Facility! 841 N. Roop Street 12:30 to 4:30 pm For more information please call 887-2242.
Sweat Shop Fitness Aerobics	Wednesday, July 10 FREE Sweat Shop Fitness Aerobics with Jerry Vance. 5:30 p.m. Comstock Room in the Community Center, 851 E. William Street For more information please contact Meagan Soracco at 283-7428 or mssoracco@carson.org
Tai Chi (Updated 7-8-13)	Wednesday, July 24 FREE Tai Chi with Stephen Mund 5:30 p.m. East side of Mills Park by the volleyball court. For more information please contact Meagan Soracco at 283-7428 or mssoracco@carson.org
The Major and The Gambler	Friday, July 12 7:30 to 9:00 p.m. Sierra Room - Carson City Community Center, 851 E. William Street FREE one man show and disquisition on the creation of the Nevada Territory— including Carson City. This is a FREE event with limited seating on a first-come basis. For more information please call 887-2242 or 283-7419.
Trail Hikes	Three easy trail hikes on Thursday evenings July 11 Empire Ranch Trail Hike / 6:00-7:00 pm / Meet at the Morgan Mill Road River Access Area off of Deer Run Road July 18 Waterfall Trail Hike / 6:00-7:00 pm / Meet at the Waterfall Gate at the end of the pavement on Kings Canyon Road July 25 Mexican Ditch Trail Hike / 6:00-7:00 pm / Meet at Carson River Park off of Carson River Road For more information please call Juan Guzman at 887-2262 or jguzman@carson.org
Trail Work Days	Muscle-Powered will be hosting Trail Work Days on all Sundays 8am-3pm, Wednesdays and Fridays 5:15pm-8:15pm in July. For more information please contact Jeff Potter at jeffpotter@musclepowered.org or Juan Guzman at 887-2262 or jguzman@carson.org
Yoga Class	Monday, July 22 FREE Yoga Class with Patti Briggs at Sunset Park 5:30 to 6:30 p.m. For more information please contact Meagan Soracco at 283-7428 or mssoracco@carson.org
Zumba Class	Monday, July 8 FREE Zumba Class with Mari. 6:30 to 7:30 pm at the Carson City Community Center Gym, 851 E. William Street For more information please call 887-2290 or 887-2242.

PRESS RELEASE

Carson City Parks & Recreation Department
3303 Butti Way, Building #9
Carson City, NV 89701
(775) 887-2262

For Immediate Release

Date: June 28, 2013
Contact: Roger Moellendorf, Director, Carson City Parks and Recreation Department
Carson City Parks and Recreation Department
Phone: (775) 887-2262, Extension 7345
Fax: (775) 887-2145

JULY IS PARKS AND RECREATION MONTH

Carson City is joining the National Parks and Recreation Association in celebrating July as "Parks and Recreation Month." With warm temperatures and long daylight hours, summer is a great time to explore your city's parks and trails, try a new recreation activity, or relax and enjoy a show. The Carson City Parks and Recreation Department has developed a calendar of events and is offering many options for free.

In addition to a few unique opportunities like yoga and tai chi in the park, there are family-friendly activities such as roller skating, swimming, hiking, bike rides, and active participation activities such as trail work days.

During the first week, we invite you to attend the annual Carnival and 4th of July Fireworks at Mills Park, join a trail work day on the Ash Canyon to Kings Canyon Trail, or bring your young children or grandchildren for a discounted ride on the miniature train at Mills Park.

We look forward to celebrating Parks and Recreation Month and hope you will join us.

For more information, please contact the Carson City Parks and Recreation Department at (775) 887-2262 or (775) 887-2290.

Attachment: July Event Calendar and Event Information (2 Pages)

-END-

PRESS RELEASE

Carson City Parks & Recreation Department
3303 Butti Way, Building #9
Carson City, NV 89701
(775) 887-2262

For Immediate Release

Date: July 3, 2013
Contact: Roger Moellendorf, Director, Carson City Parks and Recreation Department
Carson City Parks and Recreation Department
Phone: (775) 887-2262, Extension 7345
Fax: (775) 887-2145

COMMUNITY CENTER AND BOB BOLDRICK THEATER HOLDING SEVERAL EVENTS TO CELEBRATE JULY IS PARKS AND RECREATION MONTH

July is National Parks and Recreation Month. As part of the celebration, the below events are happening at the Carson City Community Center and The Bob Boldrick Theater as part of the celebration. **All of these amazing shows are free to the public.**

The Carson City Community Center is located 851 East William St. Carson City, Nevada. The Bob Boldrick Theater is located in the Carson City Community Center at the North end of the facility.

There will be other events at other parks and recreation facilities around the city. For more information visit Carson City Parks & Recreation Department on Facebook at <http://www.facebook.com/CCPRDept> and the Carson City website www.carson.org.

For information, contact the Recreation Division at- 775-887-2242
or visit the Carson City Parks & Recreation Department on Facebook at <http://www.facebook.com/CCPRDept>.

THE MAJOR AND THE GAMBLER FEATURING CHRIS BAYER

Friday, July 12, 2013

Show time at 7:30 pm in the Sierra Room of the Carson City Community Center.

This is a free event with limited seating on a first come basis (Refer to attached event flyer)

THE MAJOR AND THE GAMBLER

A one man show and historical disquisition on the creation of Nevada Territory--including Carson City. Experience the dramatic telling of the amazing true story of Major William Ormsby and Lucky Bill--arch rivals. Learn of the intrigue, plots and violence along the eastern slope during the 1850s, a drama seldom remembered today but guaranteed to educate and entertain.

CARSON CITY PARKS AND RECREATION AND LE CIRQUE VAGABOND PRESENT "FABLE"

Saturday, July 20, 2013

Show time at 2:00 pm in the Bob Boldrick Theater

This is a free ticketed event. Tickets can be picked up at the Carson City Aquatic Facility (841 N. Roop Street) beginning July 8, 2013. (Refer to attaché event flyer)

FABLE

“Fable” is a production presented by Le Cirque Vagabond. It offers cirque-style entertainment and presents a story unlike any other that will amaze and astound audiences of all ages! Set in a surreal world that will overtake the senses and distort perception, the show travels the course of the imagination to the depths of the unknown. Witness death-defying stunts, stunning aerial acts, breathtaking choreography, and cirque acts that will keep you on the edge of your seat!

“Fable” presents acts rarely seen in the world. The outstanding cast is made up of world renowned national and state champions, brought together by careful scouting and selective auditions. Producer and Director, Ben Pierson, is also performing in the show; Mr. Pierson endeavors to produce a show in which each act emotionally charges the audience members and reaches them at a deeper level. He encourages his cast members to find a personal and emotional bond with their characters, which will come alive on stage. As a skilled and veteran Director he transforms talented artists with well-honed technique and motivates them to be more than they are... sparking characters to life!

YOUTH THEATER CARSON CITY PRESENTS A PREVIEW OF ONCE ON THIS ISLAND, JR.

Friday, July 26, 2013

Show time at 6:00 pm in the Bob Boldrick Theater

This is a free event with seating on a first come basis. (Refer to attached event flyer)

ONCE ON THIS ISLAND, Jr.

With its poignant story and catchy Caribbean flavored score, Once “On This Island, Jr.” is a feast for the heart, mind, and soul. In almost non-stop song and dance, the show tells the story of Ti Moune, a peasant girl who rescues and falls in love with Daniel, a wealthy boy from the other side of her island. When Daniel is returned to his people, the fantastical gods who rule the island guide Ti Moune on a quest to test the strength of her love against the powerful forces of prejudice, hatred and death. “Once On This Island, Jr.” runs August 9-18 in the Bob Boldrick Theatre. For more information visit www.youththeatrecarsoncity.com.

Youth Theatre Carson City is an exciting new youth theatre group in Carson City operating in partnership with Carson City Parks and Recreation. They provide a safe, inclusive environment for young people and their families to explore, create, learn and grow through quality theatrical experiences.

-END-