

**City of Carson City
Agenda Report**

Date Submitted: August 15, 2014

Agenda Date Requested: August 28, 2014

Time Requested: 15 minutes

To: Carson City Board of Health

From: Health & Human Services Department (Nicki Aaker)

Subject Title: Presentation and discussion only on the progress of the *Community Health Improvement Plan's Community Issue K: Pedestrian and Bicycle Safety and Access.* (*Cortney Bloomer*)

Staff Summary: This is an opportunity to inform the Board of Health about the progress made on the *Community Health Improvement Plan's Community Issue K: Pedestrian and Bicycle Safety and Access.* Pedestrian and bicycle safety is a growing concern in our community. According to the Carson City Sheriff's Office (2011b), from 2005 to 2010 there were "50 pedestrian accidents and 49 bicycle accidents" (CHIP, 2012, p. 29). According to Muscle Powered Carson City (2009), "Nevada's pedestrian fatality rate is almost twice the U.S. average" (CHIP, 2012, p. 29). In response to this concern, in 2011 the Nevada Legislature passed two bills to improve the safety of pedestrians and bicyclists which included the Nevada Vulnerable Highway Users and the "3-Foot Passing" Law. As a result of the Community Health Assessment, the outcome objectives for this issue are:

- Promote activities that encourage increased use of existing walking and biking trails.
- Creatively promote and improve pedestrian and bicycle safety and access.
(*Get Healthy Carson City!: A 2020 Health Action Plan: A Community Health Improvement Plan*, 2012, p. 29).

Type of Action Requested:

(check one)

Resolution

Ordinance

Formal Action/Motion

Other (Specify) Information Only

Does This Action Require A Business Impact Statement: Yes No

Recommended Board Action: Presentation and discussion only

Explanation for Recommended Board Action: N/A

Applicable Statute, Code, Policy, Rule or Regulation: N/A

Fiscal Impact: N/A

Explanation of Impact: N/A

Funding Source: N/A

Alternatives: N/A

Supporting Material: N/A

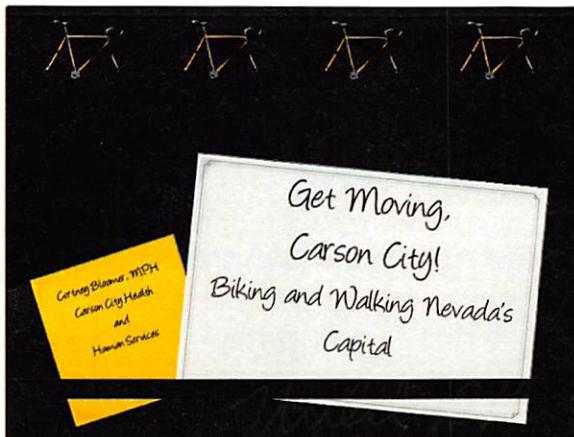
Prepared By: Nicki Aaker, MSN, MPH, RN

Reviewed By: N. Aaker Date: 8/15/14
(Department Head)
Nicholas Alvarado Date: 8/18/14
(City Manager)
Joseph L. Ward Jr. Date: 8/18/14
(District Attorney)
Mark Blunk Date: 8/18/14
(Finance Director)

Board Action Taken:

Motion: _____ 1) _____ Aye/Nay _____
2) _____

(Vote Recorded By)



Reframe your thinking.

The public health system includes partners from “all public, private, and voluntary entities that contribute to the delivery of essential public health services within a jurisdiction.”

Biking and Pedestrian Safety and Access is an Essential Public Health Service!!!

YOU are part of the public health team.



Community Health Improvement Plan Issue K



- ✓ Biking and walking promote health.
- ✓ Education is important to prevent accidents.
- ✓ Good cycling and pedestrian infrastructure have many benefits, including economic growth.
- ✓ People bike and walk for recreation and transportation.
- ✓ Bike/Ped infrastructure is more affordable to build and maintain than traditional roads.
- ✓ Biking and walking improve environment and air quality
- ✓ Biking and walking are FUN.



What Should Be Addressed?

- Encouragement. Where are the gaps?
- Education. Who should be the target? How?
- Engineering. What infrastructure would make bike/ped safer?
- Enforcement. Are we making sure people do the right thing?
- Evaluation. Is what we are doing working? How can we improve?

What is our bike/ped wish list?

- Equity and acceptance
- More trails and activities
- Increased funding
- Better legislation/ enforcement
- Signage/wayfinding and maps
- Traffic calming
- Education (All road users)
- New land acquisitions/ legal access

- Bike/walking tourism
- Infrastructure
- Facilities (i.e. End of Trip)
- Worksite wellness
- Bike share
- Incentives



What has been done?

- Ash to Kings Trail and Bridge (To Clear Creek and TRT?)
- Bike Month Events
- Muscle Powered Bike Maps
- New bike lanes and sidewalks – 26 miles of on-street bike lanes 18 miles of paved multi-use path now in Carson City
- Safe Routes to School Program (NV Moves Day, Walk to School Day, Bike to School Day)
- Ride for Reading
- Parks and Rec Walks
- Social Trails Program
- Complete Streets Policy
- Freeway Multi-use Path
- Helmet Distributions
- Bicycle Safety Rodeos
- CCHHS Bicycle Friendly Bu
- More!



Bike Month Highlights!

