



STAFF REPORT

Report To: Board of Health

Meeting Date: April 19, 2018

Staff Contact: Nicki Aaker (naaker@carson.org)

Agenda Title: For Possible Action: Presentation, discussion, and possible action to provide feedback to Vitality Unlimited pertaining to the 1st quarter 2018 report as required by Contract #1718-118 between City of Carson City and Vitality Unlimited.

Staff Summary: Vitality Unlimited agreed to provide a biannual presentation to Carson City's Board of Health reporting the following: 1. CPC Admissions, 2. CPC Denied/Medical, 3. CPC No Show, 4. CPC to Residential, 5. Women Residential, 6. Women Detox, 7. Men Residential, 8. Men Detox, 9. Number of Carson City residents treated at the Carson City Facility, 10. Number of Carson City residents treated at the Elko Facility, and 11. Any other statistics requested by the Carson City Board of Health as determined reasonable by both parties.

Agenda Action: Formal Action/Motion

Time Requested: 10 minutes

Proposed Motion

I move to accept Vitality Unlimited's report (with the feedback and direction given by the Board incorporated into this motion, if any).

Board's Strategic Goal

Quality of Life

Previous Action

N/A

Background/Issues & Analysis

Contract #1718-118 for leased space at 900 E. Long Street that outlines this requirement was approved by the Board of Supervisor's meeting on December 21, 2017.

Applicable Statute, Code, Policy, Rule or Regulation

N/A

Financial Information

Is there a fiscal impact? Yes No

If yes, account name/number:

Is it currently budgeted? Yes No

Explanation of Fiscal Impact:

Alternatives

Alternatives and recommendations may be presented during the presentation.

Board Action Taken:

Motion: _____

1) _____

Aye/Nay

2) _____

(Vote Recorded By)



ESTER M. QUILICI
CHIEF EXECUTIVE OFFICER
CHIEF OPERATIONS OFFICER

DOROTHY B. NORTH
FOUNDER & CHIEF EXECUTIVE OFFICER EMERITUS

To: Nicki Aaker, Director
Carson City Health and Human Services

Re: Vitality Unlimited Services, Contract No. 1718-118

Date: March 30, 2018

Please find the attached report for the April 2018, Carson City Board of Health Meeting. The report presented is a first draft from Vitality Unlimited to meet the reporting standards required in Contract No. 1718-118, for a biannual report to the Board of Health the following indicators to align with the Carson City Strategic Plan:

1. CPC Admissions
2. CPC Denied/Medical
3. CPC No Show
4. CPC to Residential
5. Women Residential
6. Women Detox
7. Men Residential
8. Men detox
9. Number of Carson City residents treated at the Carson City Facility
10. Number of Carson City residents treated at the Elko Facility, and
11. Any other statistics requested by the Carson City Board of Health as determined reasonable by both parties.

Vitality Unlimited will have representation at the meeting to continue our collaboration and provide feedback of updates of our community involvement within Carson City. Thank you for the opportunity to continue to build upon this community partnership.

Vitality Unlimited Services, Contract No. 1718-118

1. **1.1 Licensed Professionals**- Vitality Unlimited employs a combination of licensed mental health professionals, licensed substance use professionals, certified substance use clinicians and para-professionals. For the calendar year 1Q2018, Vitality Carson City employed/Contracted with the following licensed professionals:
 - 1- Medical Director
 - 3-Licensed Clinical Alcohol and Drug Counselors
 - 1- Nurse Practitioner
 - 1- Registered Nurse
 - 1- License Certified Alcohol Drug/Marriage and Family Therapist (intern)
2. **1.8-1.10 Consent forms**- Vitality Unlimited Intake Specialists and Specialty Court contacts have collaborated on appropriate referral and consent forms and associated procedures.
3. **1.3-1.5 Claims**- Vitality is ensuring their Electronic Health Record and billing system has the ability to track and appropriately bill for services. There has been zero claims billed for services in 1Q2018 to either CPC or Specialty Courts.
4. **1.12 Utilization Reports**

The following information is a summary of individuals who have utilized the Vitality Unlimited facilities either in Carson City, Nevada or Elko, Nevada and have a residential demographic location as Carson City, Nevada. Time period based on admission date.

Civil Protective Custody

	Admitted	Denied/ Medical	No Bed	No Show	Other	Total
January 2018	2	0	2	0	0	4
February 2018	4	1	0	1	1 (Abuse to staff, admitted 2 previous times)	7
March 2018	2	2	2	1	0	2

Carson Facility Women's Detox Program	Carson Facility Men's Detox Program	Carson Facility Women's Residential Program	Carson Facility Men's Residential Program
January 2018	9	19	9
February 2018	7	12	7
March 2018	6	8	5

	Carson City Residents Treated at Carson City Facility	Carson City Residents Treated at Elko Facility
January 2018	4	6
February 2018	4	4
March 2018	2	3

("Data was extracted on 3/26/18")

*Carson residential counts do not reflect CPC counts