

PUBLIC COMMENT

From: [betsy_strasburg](#)
To: [Public Comment](#)
Subject: Recommendation for American Rescue Plan funding
Date: Tuesday, July 20, 2021 2:43:39 PM
Attachments: [The Effects of Vitamin D and COVID.docx](#)

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

Hello Board of Supervisors and Ms. Nancy Paulson,

Thank you for the information on American Rescue Plan Funds yesterday.

We have come through a year and a half of Covid experience and yet it is difficult to get real information on prevention methods such as improving your natural immune system to reduce the ravages of Covid.

I would like to suggest wellness awareness clinics for residents using the American rescue plan funds. This is out of the box thinking but I expect the residents will benefit enormously. For example, testing for vitamin D levels such as the clinic in Carson Valley (photo attached) or in my case by Medicare. The goal should be to raise 25 (OH)D concentrations above 40-60 ng/mL (100-150 nmol/L). In addition, we can take this opportunity to raise the nutrition knowledge and exercise for the overall health in this community.

This is the single most valuable use of the American Use Funds and fits the eligibility requirements of this program. I spoke to Stephanie yesterday at the meeting. I have spoken to the CEO of Carson Tahoe, Alan Garret about the wellness education clinics and he thinks it is a great idea. So there can be partnerships with area hospitals.

I am attaching an article and a photo of the clinic in Carson Valley and an article on Vitamin D w.r.t Covid.

Look forward to your thoughts.

Thank you,
Betsy Strasburg
650-387-3118

The Effects of Vitamin D and COVID-Related Outcomes

An overwhelming volume of research makes it clear that this hormone produced in our skin can save lives

BY [JOSEPH MERCOLA](#)

July 19, 2021 Updated: July 19, 2021

Do you know your vitamin D level? If not, getting your blood tested—and optimizing your levels—is one of the simplest and most straightforward steps you can take to improve your health, including in relation to COVID-19. [Vitamin D](#), as an [immunomodulator](#), is a perfect candidate for countering the immune dysregulation that's common with COVID-19.

As early as November 2020, it was known that there were striking differences in vitamin D status among people who had asymptomatic COVID-19 and those who became severely ill and required intensive care unit (ICU) care. [In one study](#), 32.96 percent of those with asymptomatic cases were vitamin D deficient, compared to 96.82 percent of those who were admitted to the ICU for a severe case.

COVID-19 patients who were deficient in this inexpensive and widely available vitamin had a higher inflammatory response and a greater fatality rate. The Indian study authors recommended [“mass administration of vitamin D supplements to populations at risk for COVID-19,”](#) in a study published in [Scientific Reports](#), but this hasn't happened, at least not in the United States.

As of April 21, the date the U.S. National Institutes of Health (NIH) last updated its COVID-19 treatment guidelines/vitamin D page, the agency stated, [“There are insufficient data to recommend either for or against the use of vitamin D for the prevention or treatment of COVID-19.”](#) As you'll see in the paragraphs that follow, however, the evidence for its use is beyond overwhelming.

Vitamin D Therapy Reduces COVID's Inflammatory Storm

[Vitamin D](#) has [multiple actions on the immune system](#), including enhancing the production of antimicrobial peptides by immune cells, reducing damaging pro-inflammatory cytokines, and promoting the expression of anti-inflammatory cytokines. Cytokines are a group of proteins that your body uses to control inflammation.

If you have an infection, your body will release cytokines to help combat inflammation, but sometimes, it releases more than it should. If the cytokine release spirals out of control, the resulting “cytokine storm” becomes dangerous and is closely tied to [sepsis](#), which [may be an important contributor to the death of COVID-19 patients](#).

Many COVID-19 therapeutics are focused on viral elimination instead of modulating the hyperinflammation often seen in the disease. In fact, uncontrolled immune response has been

suggested as a factor in disease severity, making immunomodulation “an attractive potential treatment strategy,” wrote researchers from Singapore in a [study](#) published [in Nutrition](#).

In [one study](#) published in Scientific Reports in May, researchers investigated the effects of Pulse D therapy—daily high-dose supplementation (60,000 IUs) of vitamin D—for eight to 10 days, in addition to standard therapy, for COVID-19 patients [deficient in vitamin D](#). Vitamin D levels increased significantly in the vitamin D group—from 16 ng/ml to 89 ng/ml—while inflammatory markers significantly decreased, without any side effects.

“Vit.D acts as a smart switch to decrease the Th1 response and pro-inflammatory cytokines while enhancing the production of anti-inflammatory cytokines in cases of immune dysregulation. It is pertinent to note that SARS-CoV-2 virus activates Th1 response and suppresses Th2 response,” they wrote.

They concluded that Pulse D therapy could be safely added to COVID-19 treatment protocols for improved outcomes.

Vitamin D3 Reduces COVID-19 Deaths, ICU Admissions

[Another group of researchers](#) in Spain gave vitamin D3 (calcifediol) to patients admitted to the COVID-19 wards of Barcelona’s Hospital del Mar. About half the patients received vitamin D3 in the amount of 21,280 IU on day one plus 10,640 IU on days 3, 7, 15, and 30. Those that received vitamin D fared significantly better, with only 4.5 percent requiring ICU admission compared to 21 percent in the no-vitamin D group.

[Vitamin D treatment](#) also significantly reduced mortality, with 4.7 percent of the vitamin D group dying at admission, compared to 15.9 percent in the non-vitamin D group.

“In patients hospitalized with COVID-19, calcifediol treatment significantly reduced ICU admission and mortality,” the researchers wrote in the [Journal of Clinical Endocrinology & Metabolism](#). In response to the findings, [British MP David Davis tweeted](#):

“This is a very important study on vitamin D and Covid-19. Its findings are incredibly clear. An 80 percent reduction in need for ICU and a 60 percent reduction in deaths, simply by giving a very cheap and very safe therapy – calcifediol, or activated vitamin D ... The findings of this large and well-conducted study should result in this therapy being administered to every COVID patient in every hospital in the temperate latitudes.”

At one point, the [United Kingdom’s National Health Service](#) was offering free vitamin D supplements to people at high risk from COVID-19, but they [also state](#), like the U.S. NIH, “there is currently not enough evidence to support [taking vitamin D](#) to prevent or treat COVID-19.”

While their guidance does urge Britons to take a vitamin D supplement between October and March “to keep your bones and muscles healthy,” it only recommends a dose of 400 IUs a day, which is easily 20 times lower than what most people require for general health and optimal immune function.

Dose matters when it comes to COVID-19 recovery. In a [randomized clinical trial in Saudi Arabia](#), researchers compared daily supplementation with either 5,000 IUs or 1,000 IUs oral vitamin D3 among patients with suboptimal vitamin D levels hospitalized for mild to moderate COVID-19. Those in the 5,000 IUs group had a significantly shorter time to recovery for cough and loss of the sense of taste compared to the 1,000 IUs group.

According to the researchers, “The use of 5000 IU vitamin D3 as an adjuvant therapy for COVID-19 patients with suboptimal vitamin D status, even for a short duration, is recommended.”

Hospitalized With COVID-19? Ask for Vitamin D

The evidence continues to grow that treatment with vitamin D leads to significantly better outcomes for people hospitalized with COVID-19. In another example from Spain, hospitalized COVID-19 patients who received vitamin D3 had a mortality rate of 5 percent, compared to 20 percent for those who did not. The [researchers explained](#):

“The protective effect of calcifediol [activated vitamin D] remained significant after adjustment for multiple confounder factors related to severity disease even after selecting those subjects who were older (≥65 years) and had worse oxygen saturation levels at admission (<96 percent).”

Similarly, 76 consecutive patients hospitalized with COVID-19 at [Reina Sofia University Hospital in Córdoba](#), Spain, were randomized to receive either standard care or standard care plus vitamin D3 to rapidly increase vitamin D levels.

Of 50 treated with vitamin D, only one person was admitted to the ICU. Of 26 who were not treated with vitamin D, 13 (50 percent) required admission to the hospital. [Researchers noted](#), “Calcifediol seems to be able to reduce the severity of the disease.”

Further: “Of the patients treated with calcifediol, none died, and all were discharged, without complications. The 13 patients not treated with calcifediol, who were not admitted to the ICU, were discharged. Of the 13 patients admitted to the ICU, two died and the remaining 11 were discharged.”

In a [previous review](#), the researchers explained that vitamin D has favorable effects during [both the early viraemic phase of COVID-19 as well as the later hyperinflammatory phase](#), including for acute respiratory distress syndrome (ARDS), a lung condition that’s common in severe COVID-19 cases, which causes low blood oxygen and fluid buildup in the lungs.

“Based on many preclinical studies and observational data in humans, ARDS may be aggravated by vitamin D deficiency and tapered down by activation of the vitamin D receptor,” they wrote in [a study published in The Journal of Steroid Biochemistry and Molecular Biology](#). “Based on a pilot study, oral calcifediol may be the most promising approach.”

Even [regular “booster” doses](#) of vitamin D, regardless of baseline levels, appear to be effective in [reducing the risk of mortality](#) in people admitted to the hospital with COVID-19, particularly for the elderly.

“This inexpensive and widely available treatment could have positive implications for the management of COVID-19 worldwide, particularly in developing nations,” [researchers from the United Kingdom noted](#).

Low Vitamin D Levels May Increase Death Risk

A [systematic review and meta-analysis](#) published in the Journal of Endocrinological Investigation included 13 studies involving 2,933 COVID-19 patients. Vitamin D was a clear winner, with use in COVID-19 patients significantly associated with reduced ICU admission and mortality, along with a reduced risk of adverse outcomes, particularly when given after COVID-19 diagnosis.

When it comes to data to support the use of vitamin D for COVID-19, 87 studies have been performed by 784 scientists. [The results show](#):

- 53 percent improvement in 28 treatment trials
- 56 percent improvement in 59 sufficiency studies
- 63 percent improvement in 16 treatment mortality results

A number of clinical trials are also [underway](#), looking further into the use of vitamin D for COVID-19, including one by [Harvard Medical School researchers](#) investigating whether taking daily vitamin D reduces COVID-19 disease severity in those newly diagnosed as well as reducing the risk of infection in household contacts.

‘A Simple and Inexpensive Measure’

Some positive advances have already occurred that could make this potentially lifesaving strategy more widely used. [The French National Academy of Medicine](#) issued a statement in May 2020, referring to the use of vitamin D as a “simple and inexpensive measure that is reimbursed by the French National Health Insurance” and detailing the importance of vitamin D for COVID-19.

For COVID-19 patients over 60, they recommend vitamin D testing and if deficiency is found, a bolus dose of 50,000 to 100,000 IU. For anyone under the age of 60 who receives a positive COVID-19 test, they advise taking 800 IUs to 1,000 IUs of vitamin D per day. [A vitamin D review paper](#) published in the journal Nutrients in April 2020 recommends higher amounts, however, stating:

“To reduce the risk of infection, it is recommended that people at risk of influenza and/or COVID-19 consider taking 10,000 IU/d of vitamin D3 for a few weeks to rapidly raise 25(OH)D concentrations, followed by 5000 IU/d.

“The goal should be to raise 25(OH)D concentrations above 40-60 ng/mL (100-150 nmol/L). For treatment of people who become infected with COVID-19, higher vitamin D3 doses might be useful.”

The best way to know how much vitamin D you need is to have your levels tested. Data from GrassrootsHealth’s D*Action studies suggest the optimal level for health and disease prevention is

between 60 ng/mL and 80 ng/mL, while the cutoff for sufficiency appears to be around 40 ng/mL. In Europe, the measurements you're looking for are 150 to 200 nmol/L and 100 nmol/L, respectively.

Dr. Joseph Mercola is the founder of [Mercola.com](https://www.mercola.com). An osteopathic physician, best-selling author, and recipient of multiple awards in the field of natural health, his primary vision is to change the modern health paradigm by providing people with a valuable resource to help them take control of their health. This article was originally published on [Mercola.com](https://www.mercola.com)

June is Men's Health Month

In recognition, CVMC is offering discounted screenings through the month of June.



**FREE Men's
Health
Assessment**


Carson Valley Medical Center
www.cvmhospital.org

Blood Test Includes:

A1C Diabetes Screening
Lipid Panel
PSA (prostate evaluation)
Vitamin D Evaluation

*Available Tuesdays and Thursdays by walk-in
throughout June. Fasting 8-10 hours prior to
screening required.*

No Insurance will be billed.

From: [Koko Green](#)
To: [Public Comment](#)
Cc: blhunt64@gmail.com
Subject: Agenda Item 12B
Date: Wednesday, August 4, 2021 2:57:18 PM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

August 4, 2021

Carson City Board of Supervisors Meeting August 5, 2021

Re: Agenda Item 12B

To Carson City Board of Supervisors,

I am an avid tennis player as are many of my friends. I am very supportive of Carson City's Parks & Rec's funding request for Centennial Tennis Facility as stated in Item 12B. As you are aware, the tennis facility is in dire need of repairs on all courts. This item is allocating \$330,000 to repairing and improving eight . Centennial Park tennis courts. We will once again have a premiere tennis facility for residents to enjoy.

Thank you,

Koko Green

From: [Dave Whitefield](#)
To: [Public Comment](#)
Subject: Public comment on Item 12B regarding the American Recovery Plan Act fund proposal for BOS consideration
Date: Wednesday, August 4, 2021 9:00:35 AM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

My name is Dave Whitefield. I am a resident of Carson City, and a Commissioner on the Parks and Recreation Advisory Commission. The following comments address Item 4b of the Staff Report dated August 5, 2021, regarding the Plan of Expenditure for American Rescue Plan funds granted to Carson City by the U.S. Department of Treasury.

Item 4 is "*Investments in improving outdoor spaces*" and Item 4b is a suggested allocation of \$500,000 for new pickleball courts at Mills Park. I am in favor of this item for many reasons.

My wife, Juana Beguelin, and I led an effort to convert two of the old tennis courts at Mills Park into eight dedicated pickleball courts. This project was completed in September 2020 at a cost of approximately \$16,000. The funds were raised by players in Carson City and the surrounding areas, and were held and disbursed by the Foundation for Carson City Parks and Recreation (FCCPR). Our group has continued to raise funds for the ongoing maintenance and improvement of the facility. The actual work was performed by a team of 25 to 30 volunteers. We also benefited from a labor donation from Finest Fence to install net post sleeves, and the great support of the Carson City Parks and Recreation Department. The group patched holes and cracks in the old surface, completely coated both tennis courts (over 14,000 square feet) with a special pickleball surface material, layed out and striped the court lines and installed the permanent nets. Our group continues to maintain and improve the facility, with the support and cooperation of the Parks and Recreation Department.

Pickleball is one of the fastest growing sports in the country. It is a game that is easily taught, and can be quickly learned and enjoyed by people of all ages. We are fortunate to have a fantastic indoor facility (the MAC) for play during the winter season and the hotter parts of the summer. However, prior to converting the tennis courts at Mills Park, there were no permanent outdoor pickleball facilities in our area. Many other cities around the country have discovered the advantages of building these types of facilities, for the health benefits of their citizens, and the economic benefits to their communities. The idea behind our project was to demonstrate the demand for a permanent outdoor pickleball facility in Carson City, in hopes of encouraging the City to invest in a newer, more robust facility. A facility with a minimum of 12 courts would be capable of supporting not only the local player contingent, but also enabling regional tournament events capable of drawing substantial tourist dollars to Carson City. The demonstration project has succeeded well beyond our dreams. A typical day finds between 20 and 40 players enjoying the courts (capacity is 32 players simultaneously). Play typically occurs in the mornings and again later in the day toward evening. Players come from the local area (Carson City, Dayton, Fallon, Reno/Sparks, Minden/Gardnerville, Lake) and from around the country. I field between 8 and 20 calls per week from visitors to Carson City wanting to play at the courts. The demand for this type of facility has been clearly demonstrated.

I am writing to voice my strong support for the allocation of funds from the American Rescue

Plan as outlined in Item 4a of the previously mentioned Staff Report. I believe the new pickleball facility would provide great physical and mental health benefits, as well as economic benefits to our community. With the Mills Park Master Plan Revision currently underway, we have an opportunity to add a component that would make Carson City a "pickleball destination" city, bringing in tourists from around the country. I urge the Board to support this proposal.

Thank you,

Dave Whitefield

From: [Coach Bob](#)
To: [Public Comment](#)
Subject: Agenda Item 12B
Date: Wednesday, August 4, 2021 2:05:45 PM

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Aug. 4, 2021

Carson City Board of Supervisors Meeting Aug. 5

RE: Agenda Item 12B

Dear Carson City Board of Supervisors:

As residents of Carson City, I am an avid tennis player, I wholeheartedly support Carson City's Parks and Rec's funding request for Centennial Tennis Facility as stated in Item 12B. As you are aware, the tennis facility is in dire need of repairs on all courts.

4. Investments in improving outdoor spaces. \$ 3,080,000

a) Centennial Park tennis courts (4) \$ 330,000

b) Mills Park pickleball courts (12) \$ 500,000

c) Park restrooms (Mills Park, Riverview Park and various other City parks) \$ 2,250,000

This critical funding will allow all 8 courts to be improved and for the Capitol City to once again have a premiere tennis facility for residents to enjoy, adult and youth programs to be offered, and tournaments to be hosted!

We are smiling from ear to ear!

Thank you!

Robert C. McCann – Avid local tennis player

From: nolanwalther@gmail.com
To: [Public Comment](#)
Cc: blhunt64@gmail.com
Subject: Agenda Item 12B
Date: Wednesday, August 4, 2021 2:14:37 PM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

Carson City Board of Supervisors,

As a resident of Carson City, and with regards to agenda item 12B, I would like to express support of Carson City's Parks and Rec's funding request for Centennial Tennis Facility. As you are aware, the tennis facility is in dire need of repairs on all courts.

This critical funding will allow all 8 courts to be improved and for the Capitol City to once again have a premiere tennis facility for residents to enjoy, adult and youth programs to be offered, and tournaments to be hosted.

Thank you!
- Nolan Walther

From: [Ryder Kiel](#)
To: [Public Comment](#)
Subject: Carson City Board of Supervisors Meeting Aug. 5 RE: Agenda Item 12B
Date: Wednesday, August 4, 2021 2:56:30 PM

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Aug. 4, 2021

Carson City Board of Supervisors Meeting Aug. 5

RE: Agenda Item 12B

Dear Carson City Board of Supervisors:

My name is Ryder Kiel and I am 14 years old. I play tennis a lot and wanted to write in support of Carson City's Parks and Rec's funding request for Centennial Tennis Facility as stated in your Agenda Item 12B. I play out at Centennial Park and the facility is in rough shape. Please grant this funding request so the courts I play on can be fixed and we can have tournaments where more kids can come and play.

Thank you!

Ryder Kiel

Carson City

From: [cc beeh](#)
To: [Public Comment](#)
Cc: [Jennifer Budge](#); [Dan J. Earp](#)
Subject: Carson City BOS Meeting Aug. 5 Agenda Item 12B Letter of Support
Date: Wednesday, August 4, 2021 2:23:12 PM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

Aug. 4, 2021

Carson City Board of Supervisors Meeting Aug. 5

RE: Agenda Item 12B

Dear Carson City Board of Supervisors:

As residents of Carson City, local tennis players (we love to try!), fledgling pickleball players, and parents of a 9th grade United States Tennis Association (USTA) ranked and Universal Tennis Rating (UTR) rated tennis player, we wholeheartedly support Carson City's Parks and Rec's funding request for the Centennial Tennis Facility and the Mills Park PickleBall Facility as stated in Item 12B.

4. Investments in improving outdoor spaces. \$ 3,080,000

a) Centennial Park tennis courts (4) \$ 330,000

b) Mills Park pickleball courts (12) \$ 500,000

c) Park restrooms (Mills Park, Riverview Park and various other City parks) \$ 2,250,000

As you are aware, the tennis facility is in dire need of repairs on all courts. This critical funding will allow all 8 courts to be improved and for the Capitol City to once again have a premiere tennis facility for residents to enjoy, adult and youth programs to be offered, and tournaments to be hosted!

Our family is ready to help with items such as landscaping, painting, and helping replace the practice wall (a critical element at a tennis facility). We love Centennial Park and are so excited to see it back in shape! Tennis is a sport that is quintessentially socially distanced so can meet the needs of today, but is also a lifelong sport keeping kids and adults active into the future.

We are smiling from ear to ear!

Thank you!

Brenda Hunt, JP Kiel and Ryder Kiel (14)

Carson City, NV 89703

Blhunt64@gmail.com

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B Hunt
775.671.7789

From: [Laura Hale](#)
To: [Public Comment](#)
Cc: blhunt64@gmail.com
Subject: Centennial Tennis Courts
Date: Wednesday, August 4, 2021 2:46:38 PM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

Aug. 4, 2021

Carson City Board of Supervisors Meeting Aug. 5

RE: Agenda Item 12B

Dear Carson City Board of Supervisors:

I am writing in support of the funding request put forward by Carson City Parks and Recreation (Item 12B) to restore the remaining tennis courts at Centennial Park. This is such a great asset for people of all ages and abilities, both residents and visitors.

Repair and resurfacing of all eight courts at Centennial will allow us to host regional tournaments again, bringing tennis lovers of all stripes to Carson City!

Thank you to Parks and Rec staff for putting this forward and thank you to the Board of Supervisors for your consideration.

Gratefully,

Laura Hale
Carson City

ljhale59@gmail.com

From: [steve.woodbury](#)
To: [Public Comment](#)
Subject: Comments Re: Agenda Item 12b, 8-5-21 BOS MTG.
Date: Wednesday, August 4, 2021 10:32:05 AM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

Dear Members of the Board,

My name is Steve Woodbury. I am a lifelong Nevadan and 25-year resident of Carson City.

First, I want to thank the Board, and the City, for your support of pickleball in our community to date. You have recognized the rapidly increasing interest in this sport and have been responsive and helpful.

The growing pickleball community has also done its part. We have raised funds and volunteered to help establish some courts and maintain them, patiently waiting for public resources to become available. Now that ARP funds have been identified, I wholeheartedly support using a portion of these dollars to establish permanent, maintained courts at Mills Park.

Pickleball is a wonderful, multigenerational sport that is becoming interestingly popular. Clearly, it has become a priority to many Carson City residents, and it is great to see the City responding in kind.

Thank you for your continued support of this activity that is bringing Carson City families and residents, young and old, together.

Kind regards,
Steve Woodbury

Sent from my T-Mobile 4G LTE Device

From: [Robert Harris](#)
To: [Public Comment](#)
Subject: Public comment
Date: Monday, July 19, 2021 7:52:23 AM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

Robert Harris

Good morning I would like know if or when the board of Supervisors will put a proposal up to ban the cultivation of marijuana outdoors? Perhaps 1500 feet from all schools could be considered for no outdoor cultivation? On another topic I hope some of the Federal funds will go towards crime prevention programs and protecting our low income seniors from inflation. The inflation is a result of the federal government printing money due to the pandemic. Homelessness is tragic and a proverbial death sentence for seniors. I don't think the Orsmby hotel is an option but I see more and more homeless around town and have personally have had to ask the unfortunate to not camp out next to where my children play outside. I know you all do your best. Thank you all for giving your best efforts to our great town.

Robert Harris
775 600-8090

Sent from my iPhone

From: [Sunny Caudill](#)
To: [Public Comment](#)
Subject: Curbside Cannabis Pickup
Date: Monday, August 2, 2021 1:22:57 PM

This message originated outside of Carson City's email system. Use caution if this message contains attachments, links, or requests for information.

Thank you for taking the time to read my comments.

My name is Sunny and I am a brain cancer survivor. At the age of 47, I presented in the hospital with a tumor the size of an egg that had obliterated my frontal lobe and pineal gland. I am lucky to be alive. I have had a full resection craniotomy and have had two full treatments of Cyberknife Focused Radiation. I also have COPD and digestive issues. Catching Covid could be a death sentence for me, with my weakened health. This is why I'm sending written comments, instead of appearing in person at the Board meeting. Thank you for this option.

According to my professional medical team, the reason I am able to survive this chronic disease, and the reason the tumor's growth is still inhibited after treatment, is directly related to my Cannabis consumption. It saves my life every single day. I could argue the benefits of this miracle plant that is provided to us by our Mother Earth for HOURS, but I will limit my comments to the issue at hand; curbside Cannabis pickup.

Since the beginning of the Covid lockdown, I've been blessed with the ability to safely purchase my Cannabis medication from inside my vehicle, at the curb DIRECTLY IN FRONT of the dispensary. This has been NO LESS THAN a life-saving interaction for me. Simply entering the dispensary and perhaps touching a surface or breathing someone else's air, could have infected & killed me.

My curbside server is masked, Security is a visual presence and only a few specific, safe spots are marked for curbside use - and are not in any way interfering with neighboring businesses. When I am there, I feel welcomed, safe, protected and healthy. If you force me to walk inside the dispensary given my medical history, you could be signing my death warrant - as well as the death warrants of many other patients.

Because that is what we are; patients.

I've been able to meet my household needs during Covid, by doing curbside pickup of my other prescription medications and groceries, and I will continue to do so in the future. It makes ZERO SENSE to me that you would force a different set of customer service rules on one specific type of business.

It is discriminatory business practice to force one business to serve its customers in a different fashion than neighboring businesses are able to do. You are not, as a Board of Supervisors, allowed to selectively lose business for only a particular type of business over others. It shows favoritism, and it speaks VOLUMES to the fact that the Board would see fit to inhibit my ability to obtain SAFE & UNFETTERED ACCESS to my life-saving medication.

The Board's opinion on Cannabis legality is not needed, as laws are already in place protecting my right to medicate...and live.

Do the right thing and vote to continue curbside Cannabis pickup, so that I may live to see my grandkids grow up.

Thank you for your time.

With Warm Regard,

Sunny Caudill

Aug. 4, 2021

Carson City Board of Supervisors Meeting Aug. 5

RE: Agenda Item 12B

Dear Carson City Board of Supervisors:

As residents of Carson City, local tennis players and/or parents of tennis players, we are wholeheartedly support Carson City's Parks and Rec's funding request for Centennial Tennis Facility as stated in Item 12B. As you are aware, the tennis facility is in dire need of repairs on all courts.

4. Investments in improving outdoor spaces. \$ 3,080,000

a) Centennial Park tennis courts (4) \$ 330,000

b) Mills Park pickleball courts (12) \$ 500,000

c) Park restrooms (Mills Park, Riverview Park and various other City parks) \$ 2,250,000

This critical funding will allow all 8 courts to be improved and for the Capitol City to once again have a premiere tennis facility for residents to enjoy, adult and youth programs to be offered, and tournaments to be hosted!

We are smiling from ear to ear!

Thank you!

Your Signature!!!!

Aimee McDonald

Aimee McDonald

8/4/2021