



CAPITALS

WELCOME to Camp Carson 2025! We have lots of fun activities planned for the summer. There will be a schedule available for each week, which will include our day to day events, weekly reminders, and general Camp Carson information. Thank you for joining us for what will be a fun and exciting summer!

CAMP CONTACTS:

Capitals Phone: (775) 350-0353

General Phone: 775-283-7455

Email:

ccparksandrecreation@carson.org

Registration Website: www.carson.org/ccpr

OPEN SWIM:

Open swim is every Thursday from 1:30-2:30pm. Make sure your child is prepared with a swimsuit and towel. Flotation devices are not allowed. Life Vests are provided by the pool if needed.

IMPORTANT!!

Capitals will be at the Community Center all day on Wednesdays and Fridays.

Please drop off and pick up your children at the Community Center

SWIM LESSONS:

Capitals will have the option to participate in swimming lessons. There is an EXTRA FEE OF \$44 per 2 weeks. Swimming lessons take place Monday-Thursday, from 9:00-9:30. Participants must be here by 8:00am!!

LUNCHES AND SNACKS:

Please send your child with a big lunch, two snacks and a reusable water bottle. Do not send anything that needs to be heated or refrigerated.

DROP OFF AND PICK UP:

Camp is open from 7am-6pm. You may drop off your child any time throughout the day. All authorized pickups must have their photo I.D. or photo in our system to pick up your child.

NO DROP OFFS BEFORE 7:00 a.m.

There will be a late fee of \$15.00 for every 15 minutes after 6:00 pm, beginning at 6:01 pm



REMINDERS

FIELD TRIPS:

The Capitals will have the opportunity to go on an additional trip on Fridays for an additional fee of \$30. You must pre-register online or in person before the desired trip. **ENROLLMENT IS LIMITED.** There are **NO REFUNDS** or **ACCOUNT CREDITS** for additional field trips unless the activity is cancelled by CCPROS Staff.

No same day registration for field trips.

If you have any questions, please call

Andrew Menendez at 775-283-7428 or Dawn Bateman at 775-283-7430

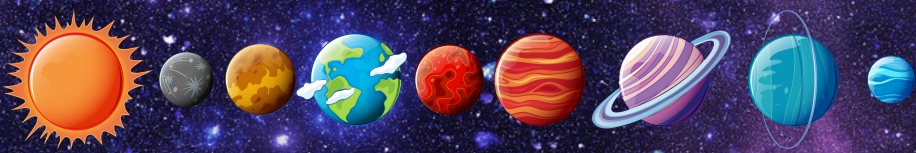
- **Wear good walking shoes EVERY DAY!**
- **Each child is to wear their camper shirt each day.**
- **If a child shows up without a camp shirt, they will be provided one, and a charge of \$15.00 will be placed on your account.**
- **We will be at the Community Center all day on Wednesdays and Fridays. If your child does NOT attend additional field trips, they will stay at the Community Center for a fun-filled day!**
- **Departure time for ALL field trips are final, so please make sure your child is here on time!**
- **Make sure to send your child with two snacks, a BIG lunch and a reusable water bottle.**
- **Electronics (Air pods, handheld games, etc.) are not allowed at Camp Carson. We suggest that your child leave them at home. Phones should NOT be out during program.**
- **We ask that your child leave their toys/trading cards at home to avoid being lost!**
- **Please make sure your child is prepared for water games/getting wet... there is a high chance of them getting wet everyday.**

If you have any questions during the day, please feel free to contact the Capitals at 775-350-0353!

MON. 6/16

TUES. 6/17

WEEK ONE



7:00-9:00 STATIONS

9:00-9:30 SWIMMING LESSONS

9:00-10:00 SNACK/ROLL/CLEAN UP

10:00-11:00 TEAM BUILDING &
ICE BREAKERS

11:00-12:00 CAMP SONGS & SKITS
PRACTICE (INTRODUCE IT)

12:00-1:00 LUNCH/ROLL/CLEAN UP

1:00-2:00 STAFF CHOICE

2:00-3:00 ARTS & CRAFTS

3:00-4:00 SNACK/ROLL/CLEAN UP

4:00-6:00 STATIONS

7:00-9:00 STATIONS

9:00-9:30 SWIMMING LESSONS

9:00-10:00 SNACK/ROLL/CLEAN UP

10:00-12:00 COLOR WARS: COLOR RUN

12:00-1:00 LUNCH/ROLL/CLEAN UP

1:00-2:00 CAMP SKITS & SONGS
PRACTICE (BRAINSTORM FUN IDEAS)

2:00-3:00 STEAM

3:00-4:00 SNACK/ROLL/CLEAN UP

4:00-6:00 STATIONS

WED. 6/18

THURS. 6/19

FRI. 6/20

7:00-9:00 STATIONS

9:00-9:30 SWIMMING LESSONS

9:00-10:00 SNACK/ROLL/CLEAN UP

10:00-12:00 EXPLORATION NATION
RIVER WRANGLERS

12:00-1:00 LUNCH/ROLL/CLEAN UP

1:00-1:30 GET READY FOR SWIM

1:30-3:00 OPEN SWIM

3:00-3:30 CHANGE FROM SWIM

3:30-4:30 SNACK/ROLL/CLEAN UP

4:30-6:00 STATIONS

NO
PROGRAM in
honor of

JUNE
TEENTH

7:00-9:30 STATIONS

9:30-3:30 FIELD TRIP

CARSON VALLEY SWIM CENTER

3:30-4:30 SNACK/ROLL/CLEAN UP

4:30-6:00 STATIONS

Schedule is subject to change



MON. 6/23

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-11:00 TEAM BUILDING &
ICE BREAKERS
11:00-12:00 CAMP SONGS & SKITS
PRACTICE
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 STAFF CHOICE
2:00-3:00 ARTS & CRAFTS
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

TUES. 6/24

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 EXPLORATION NATION:
DISC GOLF
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 CAMP SKITS & SONGS
PRACTICE
2:00-3:00 STEAM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

WED. 6/25

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 MOVIE
HAROLD & THE PURPLE CRAYON
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 CAMP SKITS & SONGS
PRACTICE
2:00-3:00 CAMP SKITS & SONGS
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

THURS. 6/26

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 COLOR WARS
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-1:30 GET READY FOR SWIM
1:30-2:30 OPEN SWIM
2:30-3:00 CHANGE FROM SWIM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

FRI. 6/27

7:00-9:00 STATIONS
9:00-3:00 FIELD TRIP
NORTH VALLEY SPLASH PARK
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

Schedule is subject to change

WEEK THREE



MON. 6/30

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-11:00 TEAM BUILDING &
ICE BREAKERS
11:00-12:00 STAFF CHOICE
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 STAFF CHOICE
2:00-3:00 ARTS & CRAFTS
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

TUES. 7/1

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 EXPLORATION NATION:
KAYAKING
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 STAFF CHOICE
2:00-3:00 STEAM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

WED. 7/2

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 COLOR WARS
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-1:30 GET READY FOR SWIM
1:30-2:30 OPEN SWIM
2:30-3:00 CHANGE FROM SWIM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

THURS. 7/3

7:00-9:00 STATIONS
9:00-2:00 FIELD TRIP
FLY HIGH
2:00-3:00 SNACK/ROLL/CLEAN UP
3:00-4:00 STAFF CHOICE
4:00-6:00 STATIONS

FRI. 7/4

**NO
PROGRAM**



Schedule is subject to change



WEEK FOUR

MON. 7/7

- 7:00-9:00 STATIONS
- 9:00-9:30 SWIMMING LESSONS
- 9:00-10:00 SNACK/ROLL/CLEAN UP
- 10:00-11:00 TEAM BUILDING & ICE BREAKERS
- 11:00-12:00 CAMP SONGS & SKITS PRACTICE
- 12:00-1:00 LUNCH/ROLL/CLEAN UP
- 1:00-2:00 STAFF CHOICE
- 2:00-3:00 ARTS & CRAFTS
- 3:00-4:00 SNACK/ROLL/CLEAN UP
- 4:00-6:00 STATIONS

TUES. 7/8

- 7:00-9:00 STATIONS
- 9:00-9:30 SWIMMING LESSONS
- 9:00-10:00 SNACK/ROLL/CLEAN UP
- 10:00-12:00 EXPLORATION NATION: NDOW FISHING
- 12:00-1:00 LUNCH/ROLL/CLEAN UP
- 1:00-2:00 CAMP SKITS & SONGS PRACTICE
- 2:00-3:00 STEAM
- 3:00-4:00 SNACK/ROLL/CLEAN UP
- 4:00-6:00 STATIONS

WED. 7/9

- 7:00-9:00 STATIONS
- 9:00-9:30 SWIMMING LESSONS
- 9:00-10:00 SNACK/ROLL/CLEAN UP
- 10:00-11:00 CAMP SONGS & SKITS PRACTICE
- 11:00-12:00 CAMP SKITS & SONGS
- 12:00-1:00 LUNCH/ROLL/CLEAN UP
- 1:00-3:00 MOVIE SONIC 3
- 3:00-4:00 SNACK/ROLL/CLEAN UP
- 4:00-6:00 STATIONS

THURS. 7/10

- 7:00-9:00 STATIONS
- 9:00-9:30 SWIMMING LESSONS
- 9:00-10:00 SNACK/ROLL/CLEAN UP
- 10:00-12:00 COLOR WARS
- 12:00-1:00 LUNCH/ROLL/CLEAN UP
- 1:00-1:30 GET READY FOR SWIM
- 1:30-2:30 OPEN SWIM
- 2:30-3:00 CHANGE FROM SWIM
- 3:00-4:00 SNACK/ROLL/CLEAN UP
- 4:00-6:00 STATIONS

FRI. 7/11

- 7:00-8:00 STATIONS
- 8:00-2:00 FIELD TRIP NEVADA BEACH - LAKE TAHOE
- 2:00-3:00 SNACK/ROLL/CLEAN UP
- 3:00-4:00 STAFF CHOICE
- 4:00-6:00 STATIONS

Schedule is subject to change

MON. 7/14

TUES. 7/15

WEEK FIVE



7:00-9:00 STATIONS

9:00-9:30 SWIMMING LESSONS

9:00-10:00 SNACK/ROLL/CLEAN UP

10:00-11:00 TEAM BUILDING &
ICE BREAKERS

11:00-12:00 STAFF CHOICE

12:00-1:00 LUNCH/ROLL/CLEAN UP

1:00-2:00 STAFF CHOICE

2:00-3:00 ARTS & CRAFTS

3:00-4:00 SNACK/ROLL/CLEAN UP

4:00-6:00 STATIONS

7:00-9:00 STATIONS

9:00-9:30 SWIMMING LESSONS

9:00-10:00 SNACK/ROLL/CLEAN UP

10:00-12:00 EXPLORATION NATION:
NDOW TRACK CASTING

12:00-1:00 LUNCH/ROLL/CLEAN UP

2:00-3:00 STEAM

3:00-4:00 SNACK/ROLL/CLEAN UP

4:00-6:00 STATIONS

WED. 7/16

THURS. 7/17

FRI. 7/18

7:00-9:00 STATIONS

9:00-9:30 SWIMMING LESSONS

9:00-10:00 SNACK/ROLL/CLEAN UP

10:00-12:00 GUEST SPEAKER

FIRE DEPARTMENT

12:00-1:00 LUNCH/ROLL/CLEAN UP

1:00-3:00 MOVIE

WILD ROBOT

3:00-4:00 SNACK/ROLL/CLEAN UP

4:00-6:00 STATIONS

7:00-9:00 STATIONS

9:00-9:30 SWIMMING LESSONS

9:00-10:00 SNACK/ROLL/CLEAN UP

10:00-12:00 COLOR WARS

12:00-1:00 LUNCH/ROLL/CLEAN UP

1:00-1:30 GET READY FOR SWIM

1:30-2:30 OPEN SWIM

2:30-3:00 CHANGE FROM SWIM

3:00-4:00 SNACK/ROLL/CLEAN UP

4:00-6:00 STATIONS

7:00-9:00 STATIONS

9:00-3:00 FIELD TRIP

NORTH VALLEY SPLASH PARK

3:00-4:00 SNACK/ROLL/CLEAN UP

4:00-6:00 STATIONS

Schedule is subject to change

MON. 7/21

TUES. 7/22



WEEK SIX

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-11:00 TEAM BUILDING &
ICE BREAKERS
11:00-12:00 CAMP SONGS & SKITS
PRACTICE
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 STAFF CHOICE
2:00-3:00 ARTS & CRAFTS
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 EXPLORATION NATION:
CLEAR CREEK BOWMAN - ARCHERY
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 CAMP SKITS & SONGS
PRACTICE
2:00-3:00 STEAM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

WED. 7/23

THURS. 7/24

FRI. 7/25

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-11:00 CAMP SONGS & SKITS
PRACTICE
11:00-12:00 CAMP SKITS & SONGS
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-3:00 MOVIE
INSIDE OUT 2
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 COLOR WARS
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-1:30 GET READY FOR SWIM
1:30-2:30 OPEN SWIM
2:30-3:00 CHANGE FROM SWIM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

7:00-8:00 STATIONS
8:00-2:00 FIELD TRIP
NEVADA BEACH - LAKE TAHOE
2:00-3:00 SNACK/ROLL/CLEAN UP
3:00-4:00 STAFF CHOICE
4:00-6:00 STATIONS

Schedule is subject to change



MON. 7/28

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-11:00 TEAM BUILDING &
ICE BREAKERS
11:00-12:00 CAMP SONGS & SKITS
PRACTICE
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 STAFF CHOICE
2:00-3:00 ARTS & CRAFTS
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

TUES. 7/29

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 EXPLORATION NATION:
DISC GOLF
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 CAMP SKITS & SONGS
PRACTICE
2:00-3:00 STEAM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

WED. 7/30

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-11:00 CAMP SONGS & SKITS
PRACTICE
11:00-12:00 CAMP SKITS & SONGS
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-3:00 MOVIE
MUFASA
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

THURS. 7/31

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 COLOR WARS
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-1:30 GET READY FOR SWIM
1:30-2:30 OPEN SWIM
2:30-3:00 CHANGE FROM SWIM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

FRI. 8/1

7:00-9:00 STATIONS
9:00-2:00 FIELD TRIP
FLY HIGH
2:00-3:00 SNACK/ROLL/CLEAN UP
3:00-4:00 STAFF CHOICE
4:00-6:00 STATIONS



MON. 8/4

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-11:00 TEAM BUILDING &
ICE BREAKERS
11:00-12:00 STAFF CHOICE
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 STAFF CHOICE
2:00-3:00 ARTS & CRAFTS
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

TUES. 8/5

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 EXPLORATION NATION:
ROCK WALL @ DOUGLAS COUNTY
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-2:00 STAFF CHOICE
2:00-3:00 STEAM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

WED. 8/6

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 MOVIE
MOANA 2
12:00-3:00 FAMILY MEAL DAY
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

THURS. 8/7

7:00-9:00 STATIONS
9:00-9:30 SWIMMING LESSONS
9:00-10:00 SNACK/ROLL/CLEAN UP
10:00-12:00 COLOR WARS
12:00-1:00 LUNCH/ROLL/CLEAN UP
1:00-1:30 GET READY FOR SWIM
1:30-2:30 OPEN SWIM
2:30-3:00 CHANGE FROM SWIM
3:00-4:00 SNACK/ROLL/CLEAN UP
4:00-6:00 STATIONS

FRI. 8/8

7:00-9:00 STATIONS
8:45-2:00 FIELD TRIP
ROLLER KINGDOM
2:00-3:00 SNACK/ROLL/CLEAN UP
3:00-4:00 STAFF CHOICE
4:00-6:00 STATIONS

WE HOPE YOU ALL HAVE A GOOD SCHOOL YEAR!

**A friendly reminder
that there is NO
summer program
August 11th - 15th.
Capital Kids Before
and After School
program will begin on
August 18th.**

